

### SIMPLE REMEDIES TO BEAUTIFY COMPLEXION

By LUCREZIA BORI  
Prima Donna of the Metropolitan Opera Company



LUCREZIA BORI

MY LADY'S complexion gives her more beauty than any other feature of her face. Three-fourths of the letters I receive request remedies that will remove skin blemishes. Blackheads, enlarged pores, skin irritations and sallowness of color rob many women of good looks, while others are troubled with freckles, moth patches, moles and various other skin discolorations. Since it is impossible to answer each of these letters individually I take this opportunity to suggest a treatment to remedy skin blemishes.

**FRECKLES** are the most common of skin discolorations. Despite all precautions taken to prevent the little brown spots from appearing on the white surface, it is impossible to keep some faces from freckling. Usually those whose skin is the most delicate are those who freckle most easily when exposed to the wind and sun.

#### TO BANISH FRECKLES

If the freckles are not deep they will yield to the application of lemon juice or peroxide of hydrogen. Good results are obtained by first applying the lemon juice, and when it has dried coat the surface with peroxide. This lotion will also prove efficacious:

Oxide of zinc ..... 2 drams  
Bichloride of mercury ..... 1/2 dram  
Dextrin ..... 1/4 dram  
Glycerin ..... 1/4 dram

At night, before retiring, spread the paste upon the freckles. In the morning remove what remains with powdered borax mixed with almond oil.

Constant use of buttermilk as a wash is also recommended for freckles. It is softening and bleaching. Fresh horseradish, grated, adds potency to the application. A tablespoonful of the root is put into a half pint of the milk. The mixture is then covered and allowed to stand for twelve

hours. Then it is strained and the lotion applied to the skin.

A simple bleach which has given successful results in many instances is made of the following ingredients:

Lactic acid ..... 2 ounces  
Glycerin ..... 1 ounce  
Water ..... 1 ounce

Apply this morning and evening several times during the day if convenient. Allow it to dry into the skin. Should it seem to irritate the skin apply a coating of cold cream afterward.

Moth patches can be removed by the application of cologne tincture of iodine. This remedy is also good for freckles. The secret in removing these disfigurements is due to the fact that the coloring matter is deposited, not in the superficial layer of the skin but deeper.

**REMOVING MOTH PATCHES**

In order to have the application successful the outer layer must be penetrated. The skin is reddened by this, but moth patches and freckles will not disappear until this is done. Care should be taken, however, not to irritate the skin too much with the application. It is better to wait a while before renewing them if the skin shows signs of irritation.

The removal of moles is a more serious matter. They can be taken away by means of the electric needle or they can be cut out. In any case, no matter what the blemish on the face may be, do not allow any one to treat it who is not skilled in such matters. Always bear in mind when trying to remove moles and moth patches, but you should be most careful in their application. I do not recommend the use of these acids by one unaccustomed to them. Painless results have often followed when unskilled hands have attempted to remove skin disfigurements. You cannot be too careful in such matters. I advise you to consult a skin specialist, particularly when the blemishes appear on the face.

### SPRY MRS. HUGHES COMES UP SMILING ON POLITICAL ORDEAL

Shows Little Trace of Weariness After 20,000-Mile Tour of Country as Husband's Aid

#### PROVES STERN MASTER

By M'LISS

A very spry woman came to Philadelphia last night, so spry that unless you hadn't been reading about it in the papers for the last few weeks you would never believe that she is on the final lap of a journey that would have sapped the vitality of the most dyed-in-the-wool campaigner.

Mrs. Charles Evans Hughes—optimist as already calling her the next "first lady" of the land—did not show the slightest trace of the fatigue that might have been expected of her after her 20,000-mile tour of the country. She has bucked the democracy of the solid and not always courteous South, as was demonstrated by a Nashville audience who forgot themselves and cheered Democratic doctrines while her husband was expounding Republican ones. She has kept pace with her husband's trail over the alkali plains of the Southwest and the mountain passes of the Rockies. She has donned a miner's suit in order to descend by his side into the bowels of the earth. She has met thousands of people all along the line; has shaken enough hands to call us her own; has been awakened morn after morn before the sun was up by importunate enthusiasts who could not wait until a respectable hour in order to express their pleasure at her coming.

And through it all, she has come up smiling.

"It is not because I am tired that I refuse interviews," she told me graciously even in her refusal. "It is merely because I cannot bear, and never will be able to, to see myself quoted in print."

There is a certain springiness about Antoinette Hughes—an air of inexhaustible youth that some fortunate persons have—which belies the fact that she is old enough to be a grandmother, and is one, in fact, as she walked down the trainshed last night, her arm linked companionably through that of the Mayor's wife, there was the athletic buoyancy in her tread of a college girl's. The easy poise and fine upright carriage made you think instantly of one who has lived out a great deal, and this is right. She is an enthusiastic pedestrian and an expert mountain climber.

Her generous mouth has crinkled, humorous little lines at the corners and she smiles at you in a way that says, "I have never heard anything so interesting as that which you are now telling me." Brown eyes which focus on you intensely as you address her enhance the impression. Her hair, very dark brown, in which time has left a few traces, is drawn back with a severity which few women could stand, but somehow the patrician quality of her features is intensified by this uncompromising coiffure.

Next to the regal attire of Mrs. Stotesbury, who wore a long pearl gray cloak and a black picture hat with graceful paradise feathers encircling its crown, Mrs. Hughes seemed almost puritanically gown.

Her dark velvet toque, with its touch of fur and tiny flower, was merely a smart traveling hat that any one of us might have worn without being conspicuous. The dark-blue taffeta suit, with a bit of dull-gold embroidery at the belt, set off the slenderness of her figure to good advantage, and the high, boned collar of her net blouse was entirely in keeping with her costume. Somehow I cannot picture this very dignified, reticent woman in a low-necked blouse.

Mrs. Hughes is noting for her devotion to her children and her friends. Her campaign tour, as well as her suffrage inclinations, prove conclusively that she



MRS. CHARLES E. HUGHES

does not believe woman's place to be the home at all times, but her actions on tour, those who have observed them declare, furnish indisputable proof of the fact that she can make a home of almost any place, even an itinerant Pullman car.

Her husband is campaigning for an election. Perhaps she is, too, indirectly. But directly she has been campaigning for him. His comfort has been her chief plan. It was she who put the ban on outdoor speech-making when Mr. Hughes's voice gave signs of weakening. It was she who commanded absolute rest on Sundays, so that the work of the week could be more effectively performed. That men in public life owe to others as well as to themselves not to become mental and physical wrecks from overstrain is one of her beliefs. The excellent physical condition of the Republican nominee testifies to her ability to put her beliefs in practice.

Those who have criticized Mrs. Hughes for her aloofness; for her unwillingness to give the public a peep into the intimacies of her home life need only to have seen the light of joy in her eye that I saw last night, to have sympathized with her desire to keep what is so dear to her sacred from the public gaze. Philadelphia is the nearest spot to home that she has set foot on since starting forth on what must have been for a woman a grueling experience. Her children are at the end of the journey—Helen, the eldest daughter, who is a graduate of Vassar; Catherine, the second daughter, who expects to matriculate at Wellesley, her mother's alma mater; Elizabeth, the youngest, a student at the Cathedral School for Girls in Washington; to say nothing of Charles, Jr., and his young wife and the wee grandson.

And it is a safe bet to make that all the political triumphs, all the honors that have been heaped upon her will not give her the same sense of joy as reunion with these.

Mrs. Hughes is like that.

### STATE SUNDAY SCHOOLS OPEN SESSION AT YORK

Heinz Presides at Start of Convention in Tabernacle—Many Cities Represented

YORK, Oct. 10.—Officers of the Pennsylvania State Sabbath School Association, with many delegates, are coming into York today for the annual convention, which will open tomorrow.

H. J. Heinz, of Pittsburgh, will preside over the sessions. Some of the most noted Sunday school workers in the country are on the program. Sessions will be held in the Biederwolf tabernacle, which has been allowed to stand ever since last year's evangelistic campaign. This seats 1000.

A conference for older boys and girls, with a program arranged particularly for their ages, will open this afternoon and will continue until tomorrow night. Sessions of the convention proper will not begin until tomorrow.

For the older folk tonight, a local choir of 1000 voices organized for the occasion will render a concert of special numbers.



MISS MILDRED COGHLAN

This choir also will appear at sessions of the convention.

The music for the convention will be in the hands of Philadelphians—Robert M. Clark as director; Bentley D. Ackley as pianist, and F. Nevin Wiest, cornetist.

### LOVE CLAIMS NURSE; SHE WILL WED TODAY

Miss Mildred G. Coghlan to Become Bride of J. Clarence Arnold, of Clearfield, Pa.

Cupid has made a raid upon the staff of nurses at the Polytechnic Hospital.

His most recent victim—for this is no means his first visit to that institution—is Miss Mildred G. Coghlan. She announced with strutting audaciousness that she is to be married today to J. Clarence Arnold, of Clearfield, Pa.

Miss Coghlan, who was graduated from the hospital's training school, is regarded as one of the most expert members of the profession in Philadelphia. Her personality had endeared her to patients and colleagues. Hence the feeling prevalent at the hospital this morning that the institution has suffered a loss through Cupid's latest prank.

Miss Coghlan lives at 624 North Forty-eighth street. Her fiancé is a business man. The wedding will take place at Our Mother of Sorrows' Catholic Church, Forty-eighth street and Lancaster avenue, the Rev. Faither Kane officiating. Mr. and Mrs. Arnold will reside in Clearfield.

### HOUSEHOLD HELPS

#### Some Cornmeal Recipes

**CORNMEAL** is so rich in starch and fat that it makes an ideal cold weather dish, and, incidentally, it is one of the cheapest of cereals. It is worth while making a special effort to vary cornmeal dishes frequently so that the family doesn't tire of it.

The best method of preparing cornmeal is first to dissolve it in cold water before adding boiling water. This method prevents lumpiness. If the cornmeal is to be used for fried mush it is better to use very little water in cooking. Also use small molds instead of large ones, as slices cut from the latter often break and are therefore not as uniform and appetizing as the smaller slices.

If the cornmeal is to be used for muffins or for corn cake, scald it with boiling water and then allow it to stand for a few minutes before the other ingredients are added. The finer the cornmeal is around the better is the quality, but the whitest cornmeal is not necessarily the best. In fact, the yellow cornmeal has a great deal more flavor than the white varieties.

**GOLDEN CORN CAKE**

Three-quarters cupful of cornmeal, one and one-quarter cupfuls of flour, five teaspoonfuls of baking powder, one-half teaspoonful of salt, one-quarter cupful of sugar, one egg, one cupful of milk, two tablespoonfuls of melted butter and sift in.

Sift the dry ingredients together. Then beat the egg thoroughly, add it to the milk and butter and then mix with dry ingredi-

ents. Pour into a buttered pan and bake twenty minutes in a hot oven.

Cornmeal mush may be fried in either of these ways: The cornmeal should be cooked in very little water; then poured into a square bread mold and allowed to become cold. Slice in thick sections, dip in flour, beaten egg and bread crumbs and fry in deep fat. Or the hot cornmeal can be poured into small muffin molds and allowed to grow cold, after which each little cornmeal muffin can be removed individually, dipped in the flour, egg and bread crumbs and fried.

**SWEET CORNMEAL MUFFINS**

Two cupfuls of cornmeal, one cupful of flour, one teaspoonful of salt, five teaspoonfuls of baking powder one-half cupful of currants, one and one-half cupfuls of milk, one-half cup butter, three-quarters cupful of sugar, three eggs.

Cream the butter, add the sugar slowly, then the beaten eggs and milk. Sift together all the dry ingredients and slowly add the mixture to the last. Butter-gem tins and pour in the mixture.

**CORNMEAL GRIDDLE CAKES**

One-half cupful of cornmeal, two cupfuls of flour, one and one-half teaspoonfuls of salt, one and one-half teaspoonfuls of baking powder, one-third cupful of sugar, one and one-half cupfuls of boiling water, one and one-quarter cupfuls of milk, one egg, two tablespoonfuls of melted butter.

The meal is boiled five minutes, turned into a bowl and milk is added. Mix together the dry ingredients and sift in, then add a beaten egg and melted butter and cook on griddle pan.

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